

Wiley Digital Textbooks



→ <https://wileysgp.ipublishcentral.net/institution-library>

第一次進入平台，新用戶請先完成註冊(Register)

註冊完後即可直接使用~帳號/密碼別忘記了唷!

The screenshot shows the Wiley Digital Textbooks institution library page. The page is titled "Business & Economics" and features a search bar, navigation links for "HOME" and "INSTITUTION LIBRARY", and a sidebar with filters for "TYPE", "CATEGORY", "AUTHOR", and "PUBLICATION YEAR". A modal window is displayed in the center, titled "eLibrary_inst_welcome_info", with the text: "If you have already registered, please login to your account, otherwise you can create one." The modal contains three buttons: "Continue", "Login", and "Register". The "Register" button is highlighted with a red box. At the bottom of the page, there is a cookie consent banner that says "This website uses cookies to improve your experience. We will assume you are ok with this, but you can opt-out if you wish. Learn more ACCEPT".

平台可直接進行書籍關鍵字檢索 (ex: at a glance)

The screenshot shows the Wiley Digital Textbooks home page. The page features a search bar with the text "at a glance" and a magnifying glass icon. Below the search bar, there is a banner with the text "Excel in your field" and "Access over 17,000 market-leading titles across 10 subjects". The banner includes an image of a person working on a laptop. The page also has navigation links for "HOME" and "INSTITUTION LIBRARY".

或是到 Institution Library 可看到成功大學訂閱之所有書籍。

The screenshot shows the Wiley Institution Library interface. At the top, there is a search bar and navigation links for HOME, INSTITUTION LIBRARY (highlighted with a red box), MY LIBRARY, and MY DASHBOARD. The left sidebar contains filters for TYPE (eBook: 185), CATEGORY (Medical: 145, Nursing: 32, Dentistry: 22, Science: 20, Life Sciences: 16), AUTHOR (Judy McKimm: 3, Jeremy P. T. Ward: 3, Lawrence Miall: 3, Ian Peate: 3, Catherine Westbrook: 2), and PUBLICATION YEAR (2016: 60, 2017: 35, 2018: 26, 2013: 17). The main content area displays two book covers under the heading "Business & Economics": "Medicare For Dummies" by Patricia Barry and "Health and Safety at Work For Dummies". Below each cover is a "Check Out" button. A second section titled "Cooking" is partially visible at the bottom.

下次使用 於 IP 網域下輸入您註冊的帳密，直接 Login 即可使用。

The screenshot shows the Wiley Institution Library login page. A modal window titled "Login to Your Account" is centered on the screen. It contains fields for "Username / email" and "Password", a "Remember me" checkbox, and a "Login" button (highlighted with a red box). Below the "Login" button is a "Forgot password?" link. At the bottom of the modal, there is an "OR" separator and a "Don't have an account? Create Now" link. The background shows the same website interface as the previous screenshot, but with a "Please login to checkout the title" message at the top. At the bottom of the page, there is a cookie consent banner with an "ACCEPT" button.

★如何借書：

Step1→先將書籍借出 (check out)

The screenshot shows the Wiley eBook product page for "Diabetes and Keeping Fit For Dummies" by Sheri R. Colberg. The page includes a sidebar with filters for Type (eBook), Category (Medical, Nursing, Dentistry, Science, Life Sciences), Author (Judy McKimm, Jeremy P. T. Ward, Lawrence Miall, Ian Peate, Catherine Westbrook), and Publication Year (2016, 2017). The main content area displays the book cover, product information (ISBN: 9781119363262, Publication Date: 05-01-2018, Language: English, No. of Pages: 408), and a "Check Out" button. A red box highlights the "Check Out" button and the text below it: "The fitness guide no person with diabetes should be without". Below this is a paragraph of text: "Nearly one in 11 people in the United States are affected by diabetes, a staggering number with both personal and social costs. If you're one of these millions of people with diabetes or prediabetes, the American Diabetes Association recommends two types of physical activity as primary components of your self-care: aerobic exercise and strength training. Featuring ever...". A "Table of Contents" section is also visible, listing: Cover, Title Page, Table of Contents, Introduction, About This Book, Foolish Assumptions, Icons Used in This Book. At the bottom of the page, there is a cookie consent banner: "This website uses cookies to improve your experience. We will assume you are ok with this, but you can opt-out if you wish. Learn more ACCEPT".

Step2→借閱完畢即可線上閱讀(Read)

Step3→書籍閱覽完畢，不需要時記得要歸還(check in)喔

注意：每個帳號最多可借閱三本書，每本書可供五個帳號同時借閱。

https://wileysgp.publishcentral.net/institution-library/product-details/13370

WILEY Search Advanced Search

Logged in to: National Cheng Kung University (140.116.65.179)

ON LIBRARY MY LIBRARY MY DASHBOARD

TYPE: eBook 185

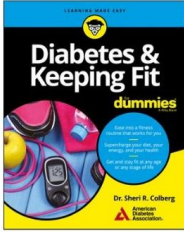
CATEGORY: Medical 145, Nursing 32, Dentistry 22, Science 20, Life Sciences 16

AUTHOR: Judy Mckimm 3, Jeremy P. T. Ward 3, Lawrence Miall 3, Ian Peate 3, Catherine Westbrock 2

PUBLICATION YEAR: 2016 60, 2017 35

Diabetes and Keeping Fit For Dummies

PRODUCT OVERVIEW



Product Info
 by Sheri R. Colberg(Author)
 ISBN : 9781119363262
 Publication Date : 05-01-2018
 Language : English
 No. of Pages : 408
 Available for reading till 29 Dec 2020 (14 days remaining)

The fitness guide no person with diabetes should be without

Nearly one in 11 people in the United States are affected by diabetes, a staggering number with both personal and social costs. If you're one of these millions of people with diabetes or prediabetes, the American Diabetes Association recommends two types of physical activity as primary components of your self-care: aerobic exercise and strength training. Featuring ever

...Show More

Table of Contents

- Cover
- Title Page
- Table of Contents
- Introduction
- About This Book
- Foolish Assumptions

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進入 My Library，可快速看到自己借閱的書籍~

https://wileysgp.publishcentral.net/my-library

WILEY Search Advanced Search

Logged in to: National Cheng Kung University (140.116.65.179)

HOME INSTITUTION LIBRARY MY LIBRARY MY DASHBOARD

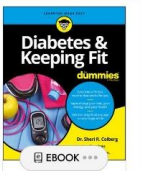
TYPE: eBook 1

CATEGORY: Medical 145, Nursing 32, Dentistry 22, Science 20, Life Sciences 16

AUTHOR: Sheri R. Colberg 1

PUBLICATION YEAR: 2018 1

Last accessed

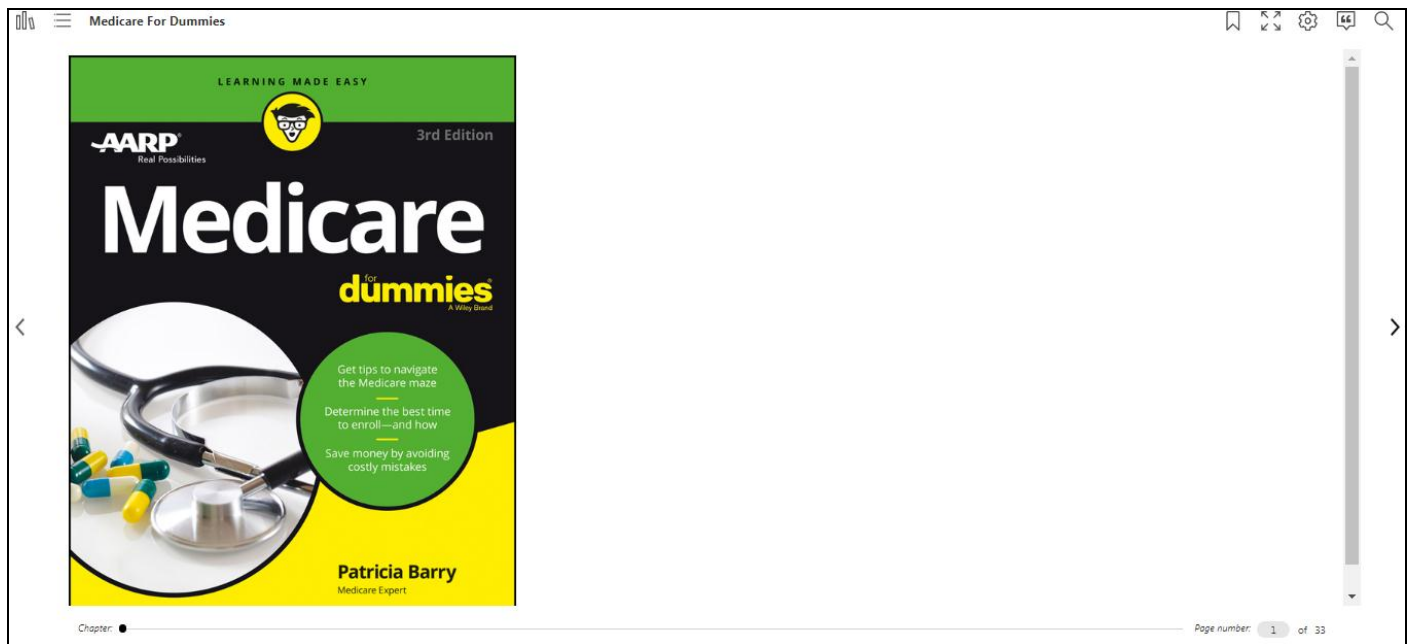



Diabetes and Keeping Fit For Dummies
 by Sheri R. Colberg

All Content

This website uses cookies to improve your experience. We will assume you are ok with this, but you can opt-out if you wish. [Learn more](#)

點選 Read，可線上閱讀



點選 ，可從目錄選擇想閱讀的章節



截取段落，可進行畫重點、做筆記、朗讀等功能。

Table of Contents Notes Bookmarks Highlights

Search in Table Of Contents

Table of Contents:

- Taking Action to Avoid Falls
- Exercising Regularly
- Quitting Smoking
- Eating Healthfully
- Cutting Out Soft Drinks and Extra Sugar
- Keeping an Eye on Prescription Drugs
- Continuing to Work or Stay Active
- Staying Connected and Engaged
- Keeping Your Brain in Shape

Medicare For Dummies

- » Use non-slip mats in the tub or shower.
- » Keep packaged or canned foods and kitchen utensils within easy reach.
- » Repair worn carpeting or floorboards.
- » Keep walkways and stairs well lit and clear of objects you may fall over.
- » Paint the lowest step a different color, or line the edge with colored tape.
- » Practice exercises designed to improve balance and muscle strength.

You may also consider installing some basic safety equipment in your home, even if you don't quite need it yet, such as

- » Grab bars in the bathroom
- » Handrails on staircases or steps where none exist
- » A seat with non-slip leg tips in the shower stall so that you can safely sit to take a shower, using a handheld showerhead
- » New security signs to minimize dark areas, and switches at both the top and bottom of stairs

Highlight | Note | Wikipedia Search | Read Aloud | Translate

TIP Medicare doesn't cover these costs (see [Chapter 2](#)). If you need to have work done but have a low income, contact Rebuilding Together, which provides volunteers to make repairs and modifications or install safety measures free of charge. Call 800.473.4770

Medicare For Dummies

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Delete Note

Chapter 18

Ten Ways to Stay Healthier beyond Age 65

consequences of growing older

.....

expect to live for another 20 years or so after that, with an (at the time of the U.S. census in 2010) getting to see 100 years is great, as long as you stay healthy enough to enjoy it.

.....

matter of feeling good. It also helps preserve your many more years on your own terms in your own home. This

S

Add Note

Important!

Deleting...

可在右上方

Table of Contents Notes Bookmarks Highlights

快速閱覽您的筆記/重點。

Table of Contents Notes Bookmarks Highlights X

Search in Highlights

Filter by:

Sort by:

Two out of three Americans age 65 and older take at least three prescribed drugs, and two ...

Wear sensible shoes that fit properly and don't slip. Clip your toenails (or have them cli...

Table of Contents Notes Bookmarks Highlights X

Search in Notes

Filter by:

Sort by:

Nobody really feels "old" at 65 anymore, and many can expect to live for another 20 years ...

Important!

之後進入 **My Dashboard**，即可看到您於書籍中個人化的筆記，重點等註記。

(更改密碼頁面也在此頁→Change Password)

WILEY Search Q Enter Access Code >

Advanced Search v

HOME EXPLORE MY LIBRARY **MY DASHBOARD**


Joanne
Last logged in 12/17/2020
[MANAGE PROFILE](#)

MY FAVOURITES
MY NOTES
MY HIGHLIGHTS
MY BOOKMARKS

MANAGE PROFILE CHANGE PASSWORD MANAGE BILLING ADDRESS

First Name

Last Name

App 下載  讓您運用手機.平版皆可閱讀零時差，國考書隨手可得



Manual in English :

- a. When you click on the link, you will be automatically authenticated if you are within the IP range.
- b. The eLibrary will launch and prompt you to Register an account (if you y are a new user).

If you are an existing user, then click on Login.

- c. You will be able to browse and check out the titles in the eLibrary.
- d. Anyone else trying to access out of the IP range will be denied and will receive an error message.